



3rd & Benton St
P.O. Box 922
La Conner, WA 98257
360-488-3878
info@laconnerfoodbank.com

Volunteer Application

Welcome to the La Conner Sunrise Food Bank and thank you for your interest in becoming a volunteer. Our volunteers are an integral part of our success. Without your commitment and dedication, we could not fulfill our mission to provide food to the families in our community.

The information you provide is kept confidential with the Food Bank Director and Board Members.

Name _____ Date _____

Phone _____

E-mail _____

May we contact you regarding volunteer schedules, opportunities, and announcements? Yes ___ No ___

What is best way to contact you? Text _____ Email _____ Phone _____

Do you speak other languages than English? Which language(s)? _____

Level? Some _____ Fluent _____

In the event of an emergency, notify:

Name _____ Phone _____

Relationship _____

Do you have any medical issues that we should be aware of? _____

I can comfortably lift: up to 10 lbs _____ up to 25 lbs _____ up to 50 lbs _____

I have an insured vehicle and am willing to use it for food bank purposes: Yes _____ No _____

Your Interests: Please check your willingness/interest in helping with various parts of our operation. We respect your time and want to find an enjoyable fit for you!

Truck Operations

Driving and loading truck _____

Unloading truck _____

Truck repair _____

Food Delivery/Distribution

Pick up donations from stores _____

Food (re)packaging/breakdown _____

Deliver mobile food boxes _____

Assist during “shopping hours”

Food distribution _____

Ensuring sanitary operations _____

Clean up after shopping _____

Hosting and welcoming clients _____

Reception _____

Recycling _____

Other Tasks

Periodic deep cleaning of Food Bank _____

Maintain outside grounds _____

Raising funds for operations _____

Computer Proficiencies

Word processing _____

Spreadsheets _____

Graphic Design _____

Websites _____

Social media _____

Management Opportunities

Volunteer Assistant _____

Food Bank Management (General) _____

**Interested in learning more about our Board of Directors, please contact the Food Bank Director

FOOD BANK POLICIES

Please read the following food bank policies and sign at the bottom of the form indicating that you understand our operating policies.

1. We request that volunteer obtain a Food Handler’s Permit issued by the Skagit County Health Department. Cards can be obtained a 700 S 2nd St, Mount Vernon WA or on their website at www.foodworkercard.wa.gov. The \$10.00 fee is reimbursable by providing you receipt to the food bank director. Food Handler Cards must be posted at the Food Bank. It is the responsibility of the volunteer to ensure cards are kept current.
2. All volunteers need to log their hours on the “Volunteer Hour Log” after each shift.
3. The food bank respects the privacy of all of our volunteers and clients. Our files are confidential.
 - a. Volunteers shall not discuss with each other or anyone else information they become aware of while volunteering. There shall be no records taken from the food bank without prior authorization from the food bank director.
4. Volunteers must not reserve food for personal use. However, client- volunteers who fulfill a 2-hour commitment per week have the privilege of going through the food line at the designated time. We simply ask that client-volunteers adhere to the same food guidelines as our clients that we are here to serve.
5. Should the need arise, we reserve the right to request a volunteer’s consent to a background check ensuring the safety and well being of our volunteers and clients of the Food Bank. If applicable, the records search will be conducted through the Washington State Patrol’s WATCH Program.

VOLUNTEER SUGGESTIONS

- We have an “Open door” policy and welcome your concerns, comments, and suggestions. Please feel free to raise these with our Director.

VOLUNTEER PUBLIC RELATIONS

- Volunteers are representatives of the La Conner Sunrise Food Bank while at the food bank and within the community. Volunteers will treat clients, donors and other volunteers with kindness and dignity.
- Positive interactions with the public help us promote our organization and its mission. We take pride in treating each other and our clients with respect, in operating a clean facility, and efficiently distributing food.
- We strive to maintain our position as an organization our local communities are proud to support.

VOLUNTEER STATEMENT

I have read and understand these policies and operating procedures and agree to abide by them.

Signature _____ Date _____